

What is V.A.R.K?

Visual, Auditory, Reading, Kinaesthetic



These four learning types will help you get the most of your education and entertainment while learning a musical instrument.

Everyone has a unique way of learning but we will help you find your best learning type throughout your time and lessons with us at **Teach Me Music Academy**.

'We are all different, not Dumb or Stupid'

Visual: information presented as maps, spider diagrams, charts, graphs, flow charts, labeled diagrams, and all the symbolic arrows, circles, hierarchies and other devices that people use to represent what could have been presented in words.

Auditory/Aural: a preference for information that is heard or spoken such as lectures, group discussion, radio, email, mobile phones, speaking, web-chat and talking things through.

Reading/Writing: information displayed as words, text-based input and output. This includes all forms but especially manuals, reports, essays, and assignments.

Kinesthetic: a preference for gathering information through experience and practice, simulated or real, either through concrete personal experiences, examples, practice or simulation. It also includes demonstrations, simulations, videos, and movies, as well as case studies, practice, and applications.

